



The CANADIAN CANOE MUSEUM
Le MUSÉE CANADIEN du CANOT

Tripping Camp Packing List

This is everything that should be brought with campers on first day. The Canadian Canoe Museum at 910 Monaghan Road. We intend to pack personal items into CCM compression sacs and then into a CCM backpack.

	CAMPERS TO BRING	CANOE MUSEUM TO PROVIDE
FOOTWEAR	Wet shoes for portaging and canoeing (hiking shoes or running shoes). These will be get wet and are meant to be worn wet each day and that's okay. NO Crocs, flip flops. Really and truly, old running shoes are great for this purpose.	
	Swimming shoes – keens, tevas, watershoes and sandals that can get wet. NO Crocs, flip flops.	
	Dry shoes for campsite (crocs/sandals with a strap, or another pair of running shoes). No flip flops.	
DAYTIME OUTFIT (could get wet so synthetics are best)	1 T-shirts or Sun (UV) shirt. Tank tops are not ideal.	
	1 Long-sleeved shirt (old collared button down or long-sleeve crew neck)	
	1 pair of quick-dry/nylon shorts. Bathing suit bottoms work, as do athletic shorts.	
	1 pair of socks. Ideally a wool/synthetic blend rather than cotton.	
	1 pair of quick-dry/nylon pants like warm-up pants. Value Village has a million of these. One would choose these for cold rainy days rather than shorts. Good to have on hand.	
CAMPSITE OUTFIT	1 T-shirt. Any fabric	
	1 set of long underwear; long-sleeved top and full-leg bottoms. Again, synthetics are best. Wool or polypropylene are ideal. You	

(clothes for around camp & when its cooler)	might already have this Base layer for hockey, skiing, or running. Be sure to check Value Village if you don't have this.	
	1 pairs of socks. Wool blend is ideal but cotton socks are okay too.	
	1 Fleece jacket or wool sweater. Cotton hoodies/sweatshirts are not appropriate.	
	1 pair of fleece, wool or synthetic pants.	
	1 winter hat. Yes, a winter hat! Don't leave this out, it is essential-not kidding.	
RAIN GEAR	1 set of Rain Gear -rain pants and rain jacket. Must be waterproof. Rubber rain jackets from Mark's Work Wearhouse or Canadian Tire are great. Soft-shell jackets don't work in heavy rain neither to tired old rain jackets. Test your coat first in the shower, if you get wet on the inside find something else to bring.	
OTHER CLOTHING	2-3 pairs of underwear	
	1 sports bra for girls	
	1 Bathing suit	
	1 SMALL towel or a sarong works great! Again, Value Village!	
	1 pair of pajamas -compact, lightweight, for warm weather.	
OTHER ITEMS	1L water bottle. 1 Litre is truly preferred but 750ml will work but nothing smaller please.	
	1 Hat. Wide-brimmed Tilley style is ideal. Essential Gear!!	
	1 Bug Hat	
	Sunscreen- waterproof and SPF of 30+.	
	Bug spray -no cans allowed!!!	
	Toiletries in a mesh or plastic sealable bag (Ziploc)- Could include toothbrush, toothpaste, hair brush, glasses, contacts and contact solution, dental floss, feminine hygiene products etc.	
OPTIONAL	Journal, writing utensils, small paperback book, camera,	
GEAR WE PROVIDE		Sleeping Bags/Sleeping Pads
		1 Compression/stuff sac for each camper's personal clothing.

		1 Compression/stuff sac for each sleeping bag
		1 Headlamp flashlight for each
		1 70L waterproof backpack for each camper.
		Tents and tarps
		All Food, Kitchen and eating stuff
		Water purification & First Aid kit
		Paddles
		PFD (lifejackets)
		Canoes
		Everything else that is group gear.

SOME GUIDING PRINCIPLES:

- Try to use what you have on hand. **If you really don't have something suitable, try Value Village before heading out to pay full price for something unless you will be using it for other purposes.** Value Village can be a mecca for some great canoe tripping clothing!!
- **Try to choose synthetic fabrics over cotton.** Cotton when it is wet can really lower body heat and although that is fine on a hot, sunny day, it is NOT good for rainy, cool days. Any athletic wear is usually synthetic and thus, is a good bet. Save the cotton items for the campsite clothing.
- **For the duration of this trip, you want to have one outfit for the daytime and one outfit for the night-time or campsite.** We strongly recommend wearing the same daytime outfit for each of the 5 days once we are out.
- **Layering of clothes is KEY.** Starting with a t-shirt, then a lightweight long-sleeved shirt, shorts. You can add fleece jacket and rain coat if needed.
- **Rain gear is ABSOLUTELY ESSENTIAL (Rain coat AND rain pants).** It is important it works at keeping the rain out. Hopefully it won't rain but if it does, it will get everything wet and good rain gear makes a huge difference. Old rain jackets that don't work aren't wanted. Simple and cheap rain jackets and pants can be had at Walmart, Canadian Tire, or Mark's Work Warehouse. If you have to buy anything, make it this. Try out your own jackets at home in the shower before bringing them on trip.
- Get in touch with us directly with specific questions, thoughts or gear needs.
- **DO NOT BRING ANY PERSONAL ELECTRONIC DEVICES** like iPods or cell phones. They really distract from the wilderness experience. We are an electronic free camp!
- **DO NOT BRING ANY KNIVES** and utility knives like Swiss Army or Leatherman.